

EDDIE'S OFFICIAL BIO

YOU CAN MASTER YOUR LIFE,
AND EDDIE WILL SHOW YOU HOW.

Eddie Lindenbaum, a seasoned **mentor and coach** for over **four decades**, his practice spans from a diverse life journey marked by **resilience and growth**. From his Orthodox Jewish upbringing in Long Beach, New York, to military service in the Israel Defense Forces (IDF), and a successful career in the hospitality and fashion industries, Eddie has shaped his **life mission** around mentoring and guiding others.

His trajectory includes roles as a **tank commander** and instructor in the IDF, rising through the ranks at the Sheraton Hotel in Tel Aviv, co-owning a nightclub, and working in the diamond cleaving business. His **fashion empire** became a prominent figure in Israel's fashion industry.

Transformative experiences, including personal loss and a profound **spiritual awakening**, shifted his focus toward compassion and leadership. He evolved from an entrepreneur to a **compassionate leader**, well-versed in helping people navigate complexities in both business and personal relationships.

After facing a **challenging divorce**, he met his wife Ayala, and together they co-founded a successful fashion empire. Eddie's blend of martial arts, spirituality, and **personal resilience** has equipped him to guide others through **hardship**.

Today, Eddie's mission is to **empower entrepreneurs, executives, and leaders** through a coaching style combining Eastern and Jewish philosophies, business acumen, and mindfulness practices. His journey, which includes achieving the rank of Master and a 7th-degree black belt in the martial arts, reflects his profound understanding of **mind, body, and soul**.



Eddie is a **trusted coach and strategist** and a highly sought-after **motivational speaker**. Eddie's ability to connect with diverse audiences and inspire positive change has

solidified his reputation as a compelling and influential speaker on both **national and international stages**.

As your trusted advisor and mentor, Eddie Lindenbaum will guide you on your path to **personal and business mastery**.